



Happy Shake

Weight Loss System

The All-in-One Happy Shake™ Weight Loss System is designed to curb your appetite, elevate your mood, boost your energy, and help you live the happy, vibrant life you deserve. By supporting metabolism, balancing blood sugar, and reducing cortisol, these products will help you quickly and easily reach your weight loss goals. Our All-in-One Happy Shake™, Elevate MAX®+ Energy Caps, and Unwined™ Chill Drink work synergistically, along with a healthy eating plan provided in the printed weight loss guide, included as a free gift with this system, to make your journey easy and enjoyable.



AM

Enjoy a delicious Shake or smoothie using your All-in-One Happy Shake™. Take 1 capsule Elevate MAX®+ Energy Caps with your breakfast shake. Stay hydrated with pure water throughout your morning.

Midday

Enjoy a lunch that is rich in vegetables such as a large salad, soup, or stir-fry. Any combination of raw or cooked vegetables will make the perfect foundation for a healthy, energizing lunch. Add a light protein such as chicken or fish if desired. If you would like an afternoon pick-me-up, take 1 capsule Elevate Max®+ Energy Caps. Be sure to drink plenty of water.

PM

Enjoy a light dinner that is focused on vegetables, lean protein, and healthy fats. Adding a healthy source of fat will help keep you feeling full and satisfied.

Before Bed

Thirty minutes before bed, enjoy a glass of Unwined™ Chill Drink to help ensure a good night's sleep.

TIP: You can also choose to have a high protein breakfast and enjoy your shake at lunch or dinner.



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Item #:	41777995
Retail Price:	\$249.00
SmartShip Price:	\$226.00

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



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All-in-One Happy Shake™ – Birthday Cake

Supplement Facts			
Serving Size: 1 scoopful (30.5 grams)			
Servings per Container: 28			
Calories	with water		with 8 fl oz nonfat milk
	100		180
	Amount per serving	% Daily Value**	Amount per serving
Total Fat	1.5 g	2%	1.5 g
Saturated Fat	1.5 g	8%	1.5 g
Cholesterol	10 mg	3%	25 mg
Sodium	90 mg	4%	190 mg
Total Carbohydrates	8 g	3%	20 g
Dietary Fiber	7 g	25%	7 g
Total Sugars	1 g		15g
Protein	10 g	20%	19 g
Vitamin A (as Palmitate)	900 mcg	100%	1,050 mcg
Vitamin C (as Ascorbic Acid)	90 mg	100%	90 mg
Vitamin D (as Cholecalciferol)	20 mcg	100%	23 mcg
Vitamin E (as DL-Alpha Tocopheryl Acetate)	15 mg	100%	15 mg
Vitamin B1 (as Thiamine)	1.2 mg	100%	1.3 mg
Vitamin B2 (as Riboflavin)	1.3 mg	100%	1.7 mg
Vitamin B3 (as Niacinamide)	16 mg	100%	26 mg
Vitamin B6 (as Pyridoxal 5-Phosphate)	1.7 mg	100%	1.7 mg
Folic Acid (as L-Methylfolate Calcium)	400 mcg	100%	412 mcg
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%	4 mcg
Vitamin B5 (as Calcium D-Pantothenate)	5 mg	100%	6 mg
Calcium	90 mg	7%	380 mg
Zinc (as Zinc L-Methionine)	11 mg	100%	12 mg
Potassium	75 mg	2%	455 mg

** Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Protein, Amino Acid & Collagen Blend (Organic Hemp Protein, Whey Protein Concentrate, Collagen Hydrolysate, L-Tyrosine, L-Methionine and L-Lysine), Plant Fiber Blend (Acacia Fiber, Cane Fiber and Guar Gum), Flavoring and Sweetening Blend (Natural Flavor, Stevia and Luo Han Guo), Healthy Heart Blend (Coconut oil Powder and Apple and Grape Polyphenols), Digestive Health Blend (Probiotic Blend [Lactobacillus acidophilus, Lactobacillus plantarum, Lactobacillus rhamnosus, Bifidobacterium breve, Bifidobacterium longum and Lactobacillus casei]) and Enzyme Blend (Protease I, Protease II, Amylase, Lipase and Lactase), Insulin and Glucose Regulatory Blend (Fabel® carb blocker [Proprietary White Kidney Bean Extract]), Fruit and Vegetable Whole Food Nutrition Blend (Organic Fennel Seed, Broccoli Sprout Concentrate, Onion Extract, Tomato Concentrate, Broccoli Concentrate, Carrot Concentrate, Spinach Concentrate, Kale Concentrate, Brussels Sprouts Concentrate, Coffea arabica Extract, Acerola Cherry Extract, Camu Camu Concentrate, Quercetin, Mangosteen Concentrate, Green Tea Extract, Apple Extract, Elderberry Concentrate, Black Soybean Hull Extract, Blue Corn Extract, Turmeric Extract, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Acai Concentrate, Blackberry Concentrate, Chokecherry Concentrate, Raspberry Concentrate and Bilberry Extract) and Essential Ionic Trace Mineral Blend.



Elevate MAX® + Energy Caps

Supplement Facts

Serving Size 2 capsules
Servings per container: 30

Amount per serving	% Daily Value*
Vitamin B3 (Niacinamide)	4 mg 25%
Chromium (Polynicotinate)	250 mcg 714%

MAX+ Blend 1,105 mg †
Alpinia Galanga Extract (as EnXtra®), Phenylethylamine HCl, Caffeine, L-Theanine, Guarana Extract, Rhodiola Rosea Extract, A-GPC (Alpha-Glyceryl-phosphorylcholine), p-Synephrine HCl, Griffonia Simplicifolia Extract (5-HTP), Bacopa Monnieri Extract, Green Tea, Green Coffee Bean Extract, Yohimbine HCl, Cocoa Bean Extract (as Cocoabutterol™).

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Vegetarian Capsule, Silicon Dioxide, Sunflower Lecithin, Microcrystalline Cellulose, Magnesium Stearate.

Unwined™ Chill Drink

Supplement Facts

Servings per container: 20
Serving Size: 1 stick (2.2 g)

Amount per serving	% Daily Value*
Calories 10	
Total Carbohydrate 2 g	1%
Dietary Fiber 0 g	0%
Total Sugar 0 g	

Protein <1 g

Folate 680 mcg DFE (400 mcg folic acid) 170%

Proprietary Blend 1,242 mg †
L-Theanine, Gamma Amino butyric Acid (GABA), Holy Basil Leaf and Stem Extract, Grape Pomace Extract, Apple Skin Extract, Grape Seed Extract, Cordyceps Mushroom Extract, Lemon Balm Leaf Extract, Passion Flower Flower Extract, Organic Red beet, Griffonia simplicifolia Seed Extract (5-HTP), Ashwagandha, Valerian Root Extract, Red Reishi Mushroom (Fruiting Body), Melatonin (1mg), Saffron Stigma Extract, Ionic Trace Minerals.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value not established.

Other Ingredients: Natural Flavors, Stevia Leaf Extract, Organic Rice Concentrate, Malic Acid, Fruit and Vegetable Juice (Color).