



Happy Shake

Birthday Cake

The Happy Shake is a balanced meal that tastes like birthday cake - yet so much more! The Happy Shake can help to address your daily nutrition needs and weight loss goal in one fell swoop!

The Happy Shake is made from nutrient-dense whole foods and is super charged with vitamins and minerals to keep you on track to reach your health and wellness goals. This is the perfect way to kick-start your weight loss journey. All in just 100 calories. No added sugars, no artificial sweeteners, flavors, GMO's or preservatives.



Weight
Loss



Blood Sugar
Mgmt.



Immune
Support



Gut
Health



Collagen



Vitamins
& Minerals



Eat Well, Feel Well, Look Well!

How to Use: For healthy weight management and nutrition, mix 1 serving (full level scoop) of Happy Shake with 8 fl. oz. of cold water for a snack; for a full meal mix with milk, milk alternative, or add nut butter or fruit. Enjoy 1-2 times daily. For weight loss support, replace 1 meal/day with shake.

Keto-friendly – May help increase feelings of fullness and prevent over snacking on carbs*

Bio-Available Protein and Amino Acid Blend – plays a supporting role in almost every part of your body, helps boost performance maintain muscle and tissue strength*

Plant Fiber Blend – Aids in achieving a healthy weight by helping to keep you full and control blood sugar levels.*

Contains Milk



Item # 42800999



Supplement Facts

Serving Size: 1 scoopful (30.5 grams)
Servings per Container: 28

	with water	with 8 fl oz nonfat milk
Calories	100	180
	Amount per serving	Amount per serving
Total Fat	1.5 g	1.5 g
Saturated Fat	1.5 g	1.5 g
Cholesterol	10 mg	25 mg
Sodium	90 mg	190 mg
Total Carbohydrates	8 g	20 g
Dietary Fiber	7 g	7 g
Total Sugars	1 g	15g
Protein	10 g	19 g
Vitamin A (as Palmitate)	900 mcg	1,050 mcg
Vitamin C (as Ascorbic Acid)	90 mg	90 mg
Vitamin D (as Cholecalciferol)	20 mcg	23 mcg
Vitamin E (as DL-Alpha Tocopheryl Acetate)	15 mg	15 mg
Vitamin B1 (as Thiamine)	1.2 mg	1.3 mg
Vitamin B2 (as Riboflavin)	1.3 mg	1.7 mg
Vitamin B3 (as Niacinamide)	16 mg	26 mg
Vitamin B6 (as Pyridoxal 5-Phosphate)	1.7 mg	1.7 mg
Folic Acid (as L-Methylfolate Calcium)	400 mcg	412 mcg
Vitamin B12 (as Methylcobalamin)	2.4 mcg	4 mcg
Vitamin B5 (as Calcium D-Pantothenate)	5 mg	6 mg
Calcium	90 mg	380 mg
Zinc (as Zinc L-Methionine)	11 mg	12 mg
Potassium	75 mg	455 mg

** Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Protein, Amino Acid & Collagen Blend (Organic Hemp Protein, Whey Protein Concentrate, Collagen Hydrolysate, L-Tyrosine, L-Methionine and L-Lysine), Plant Fiber Blend (Acacia Fiber, Cane Fiber and Guar Gum), Flavoring and Sweetening Blend (Natural flavor, Stevia and Luo Han Guo), Healthy Heart Blend (Coconut Oil Powder, Apple and Grape Polyphenols), Digestive Health Blend (Probiotic Blend [Lactobacillus acidophilus, Lactobacillus plantarum, Lactobacillus rhamnosus, Bifidobacterium breve, Bifidobacterium longum and Lactobacillus casei], Enzyme Blend [Protease I, Protease II, Amylase, Lipase and Lactase] and Organic Fennel Seed), Insulin & Glucose Regulatory Blend (Fabanol® carb-blocker [proprietary white kidney bean extract], Fruit & Vegetable Whole Food Nutrition Blend (Broccoli Sprout Concentrate, Onion Extract, Tomato Concentrate, Broccoli Concentrate, Carrot Concentrate, Spinach Concentrate, Kale Concentrate, Brussels Sprout Concentrate, Coffee arabica Extract, Acerola Cherry Extract, Camu Camu Concentrate, Quercetin, Mangosteen Concentrate, Green Tea Extract, Apple Extract, Elderberry Concentrate, Black Soybean Hull Extract, Blue Corn Extract, Turmeric Extract, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Acai Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Bilberry Extract), and ionic mineral blend.

To order, contact the Brand Partner who referred you.

© 2021 The Happy Co. ALL RIGHTS RESERVED | 1700 COIT ROAD, SUITE 100, PLANO, TEXAS 75075
1 (800) 518-0284 | SUPPORT@THEHAPPYCO.COM

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.