

DID YOU KNOW?



Unwined™

A great day includes the night and every evening you deserve to Unwined.

- Good sleep promotes good health. Sleep represents a third of every person's life and it has a tremendous impact on how we live, function and perform during the other two-thirds of our lives.*
- Sleep is as vital as the air we breathe and the food we eat, especially for those with chronic diseases or compromised immune systems.*
- ▶ Sleep problems, whether in the form of medical disorders or related to work schedules and a 24/7 lifestyle, are pervasive.*
- It is estimated that sleep-related problems affect 50 to 70 million Americans of all ages and socioeconomic classes.*
 - o More than 50 million Americans already suffer from over 80 different sleep disorders and another 20 to 30 million suffer intermittent sleep problems each year.*
- Sleep plays an important role in your physical health.**
 - o Sleep is involved in healing and repair of your heart and blood vessels. Ongoing sleep deficiency is linked to an increased risk of heart disease, kidney disease, high blood pressure, diabetes, and stroke.**
- The National Institutes of Health predicts that America's sleep debt is on the rise and that by the middle of the 21st century more than 100 million Americans will have difficulty falling asleep.
- ► Alcohol consumption is a universal health behavior associated with poor sleep.† Unwined™ is your solution!
- ▶ It is a relaxing, stress relieving, sleep promoting beverage that may help with immune support.***
- lt's a tasty berry flavored wellness beverage.
- ▶ Unwined may increase the feeling of calmness and may help combat stress and restlessness.***
- lt is a full-bodied, flavorful, mood enhancing drink made with a powerful blend of antioxidants, adaptogens, extracts, and minerals.
- Its proprietary blend of ingredients may help your body reduce excess cortisol and is designed to promote relaxation and deep sleep.*** (Note: Studies show that your body can overproduce cortisol when you're stressed; excess cortisol and poor sleep may be linked to weight gain and visceral belly fat****).
- No excess sugars or carbs.
- You can drink it cold, warm or hot!









Unwined contains

- Powerful natural stress reducers and sleep enhancers ... GABA L-theanine Natural Melatonin
- Vital energy-balancing adaptogens ... Red Reishi Muschrooms Cordyceps Mushrooms Ashwaganda
- Potent antioxidants and natural earth elements ... Grape seed extract Apple extract Trace minerals
- Natural botanicals, roots, and seeds ... Passionflower Saffron Valerian Root Lemon Balm Extract Griffonia Seed
- NO alcohol, NO CBD Unwined is like wine, without the alcohol, bitter taste or expensive price tag.

† https://pubmed.ncbi.nlm.nih.gov/29549064/ *Source: https://www.sleephealth.org/sleep-health/

**Source: www.nhlbi.nih.gov

***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

****Source: https://www.ncbi.nlm.nih.gov/